



## Lauren Sandground

### Associate

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### OVERVIEW

Lauren Sandground is an associate and a member of the Insurance Recovery and Counseling practice group. She represents insurance policyholders in obtaining coverage under standard business and liability policies—including general liability, property, directors and officers, employment liability, and professional liability policies—as well as specialty policies—particularly product recall and contamination, representations and warranties, and marine/stock policies.

Lauren has experience guiding her clients through every stage of an insurance claim. On a daily basis, she is advocating for her policyholder clients through negotiating, mediating, arbitrating, and litigating coverage disputes. Before a claim even happens, she counsels clients as to initial placement and renewal of insurance policies. Lauren also regularly provides advice to clients undergoing corporate transactions with respect to insurance.

She frequently works with consumer product companies in the food and beverage and beauty and cosmetics industries. Her experience includes advising these companies with respect to traditional bodily injury and property damage claims, product contamination and recall events, business interruption, and long-tail exposure claims. Lauren brings a strategic perspective to her practice to achieve her client's risk management and insurance recovery goals.

Lauren is committed to pro bono, particularly in support of matters relating to public international law, immigration, and the arts. Internationally ranked for her oral argument skills while at University of Virginia School of Law, she continues to coach the school's award-winning Philip C. Jessup International Moot Court team. As a percussionist and proud supporter of the arts, Lauren serves on the board of the non-profit, Network for Diversity in Concert Percussion, whose mission is to create a more diverse, equitable, and inclusive concert percussion community.

Lauren is the Washington, DC, office representative to the firm's Global Associate Liaison Committee.

### PROFESSIONAL BACKGROUND

During law school, Lauren interned with the US Attorney's Office for the District of Arizona and the Virginia Commonwealth's Attorney for the City of Waynesboro. She was also a research assistant at the Max Planck Institute for Public and International Law in Heidelberg, Germany. Prior to attending law school, she was a paralegal at her grandfather's family law practice in Virginia.

## ACHIEVEMENTS

- Recognized by *The Legal 500 United Kingdom* as a Recommended Lawyer for Insurance Litigation: for Policyholders in London, 2026 (“Lauren [Sandground] is a hard-working associate who is well on her way to becoming a star in this field.”)

## PROFESSIONAL / CIVIC ACTIVITIES

- Board Member, Network for Diversity in Concert Percussion, 2021–present
- Coach, University of Virginia School of Law Philip C. Jessup Moot Court Team, 2018–present

## SPEAKING ENGAGEMENTS

- Presenter, “The Next Generation of Mass Tort: Taking On The Next Asbestos,” ABA Litigation Section's Insurance Coverage Litigation Committee CLE Seminar (forthcoming, March 2026, Tucson, AZ)
- Moderator, “Ensuring Resilience: A Conversation with Risk Managers on Insurance and Business Risk Mitigation,” Luxury Law Summit (November 2025, New York City, NY)
- Moderator, “Bumping Up, Multiplying, and Weighing the Risks: What's on the Horizon for Transactional and M&A Insurance and Litigation,” ABA Litigation Section's Insurance Coverage Litigation Committee CLE Seminar (March 2024, Tucson, AZ)
- Presenter, “What Consumer Products Companies Need To Know About Insurance,” K&L Gates Seminar (October-November 2023, Virtual)
- Presenter, “It's a Deal, But What Comes Next? Coverage Under Transactional Risk Insurance,” ABA Litigation Section's Insurance Coverage Litigation Committee CLE Seminar (March 2023, Tucson, AZ)
- Presenter, “Insurance for Product Recalls,” K&L Gates' Insurance Recovery & Counseling Curriculum (January 2023, Washington, DC)

## EDUCATION

- J.D., University of Virginia School of Law, 2018
- B.S., Barrett, The Honors College at Arizona State University, 2014

## ADMISSIONS

- Bar of District of Columbia
- Bar of Virginia

## THOUGHT LEADERSHIP *POWERED BY HUB*

- February 2026, ESG and the Sustainable Economy Handbook

## OTHER PUBLICATIONS

- [“5 Coverage Considerations For Couture And Cosmetics Cos.”](#) *Law360*, 22 December 2025
- [“The Risks in Transactional and M&A Insurance and Litigation, Part I: Representations and Warranties Insurance,”](#) with co-authors Chiara Tondi Resta, Ezra Simon Gollogly, and William Davis, *American Bar Association*, 13 November 2024

## NEWS & EVENTS

- 3 March 2023, 2023 Insurance Coverage Litigation Committee CLE Seminar, Hosted by American Bar Association

## OTHER MEDIA MENTIONS

- Mentioned, "Insurer Claims It Did Not Breach Contract In Benzene Exposure Dispute," *Mealey's Litigation Report*, 29 July 2021

## AREAS OF FOCUS

- Insurance Recovery and Counseling

## INDUSTRIES

- Consumer Beauty and Aesthetics
- Consumer Goods and Services
- Food and Beverage
- Luxury Products and Fashion